

WHAT IS CLAIMED IS:

1. A method for increasing a retrievable cell amount in a breast duct comprising inducing cell sloughing within the duct by applying vibration to the duct.

2. A method as in claim 1, wherein said vibration is produced by ultrasound.

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3. A method as in claim 1, wherein said vibration is applied to said breast duct either externally or internally.

4. A method as in claim 1, wherein said vibration is combined with heat and/or massage.

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5. A method of claim 1, wherein said retrievable cell amount is collected through ductal lavage.

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